

Life-Threatening Allergy Management Plan

Allergy to: _____

Students Name: _____ DOB: _____

Asthmatic: Yes* No *if yes high risk for severe reaction

Yes No It is medically necessary for student to carry epinephrine during school hours

Signs of an Allergic Reaction Include:

Systems:

MOUTH

THROAT

SKIN

GUT

LUNG

HEART

Symptoms:

Itching and swelling of the lips tongue or mouth

Itching and or a sense of tightness in the throat, hoarseness and hacking cough

Hives, itchy rash and/or swelling about the face or extremities

Nausea, abdominal cramps, vomiting, and/or diarrhea

Shortness of breath, repetitive cough and/or wheezing

“thready pulse”, “passing-out”

the severity of symptoms can quickly change. All the above symptoms can potentially progress to a life-threatening situation

ACTION FOR A MINOR REACTION:

1. If ingestion is suspected and/or symptom(s) are: **Mild itching and or minor hives to skin give:**

Liquid Benadryl Dose: _____ by mouth now and every 4-6 hours as needed.

2. Call Mother at _____ Father at _____ or emergency contact.
3. Call Dr. _____ at _____ to make physician aware of child's reaction.

If condition worsens or does not improve within 10 minutes follow steps for MAJOR Reaction below:

ACTION FOR A MAJOR REACTION:

1. If symptom(s) are: large amount of hives, throat swelling, cough, difficulty breathing, wheezing, vomiting, diarrhea or symptoms progress after Benadryl is given, give:

-Epinephrine: inject intramuscularly: (check below)

Epipen® Epipen® Jr Twinject™ 0.3mg Twinject™ 0.15mg

-Liquid Benadryl: dose: _____ every 4-6 hours as needed

-Albuterol/or quick relief inhaler: 2 puffs with spacer now (IF asthmatic)

Give above now then call:

2. **Call RESCUE SQUAD 911 ASK FOR ADVANCED LIFE SUPPORT**
3. **Repeat dose of Epinephrine if no improvement in 5-10 minutes**
4. Mother at _____ Father at _____ or emergency contact.
5. Call Dr. _____ at _____ to make physician aware of child's reaction.

PARENTS SIGNATURE

DATE

DOCTOR'S SIGNATURE

DATE:

Print MD Name: _____

Address: _____